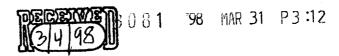


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February 23, 1998

Dr. Elizabeth Yetley
HFS – 450 Rm 2804-C
Director, Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street SW, Room 2804C
Washington, DC 20204

Dear Dr. Yetley,

This letter is to notify you that McZand Herbal, Inc. has started marketing its Thistle Cleanse Formula using the following health claim based upon Milk Thistle: Helps protect normal liver function.

I certify that ZAND has substantiation to support the claim, that the claim is accurate and complete, and that the claim is not false or misleading.

Caryn Ellison

Chief/Executive Officer